

CONFERENCE LUNCH MENU



SAMPLE MENU

STARTERS

Crispy breaded cod and salmon fishcake

dill dressing, crispy dressed salad

Contains: dairy, egg, fish, shellfish, sulphite, wheat

Warm Bluebell Falls goats cheese

spinach, and caramelized red onion tartlet dressed rocket salad.

Contains: dairy, egg, sulphite, wheat

Chicken, ham and mushroom vol au vent

with side salad

Contains: Egg, Milk, Mustard, Wheat

Shredded confit duck and candied mango salad

cucumber, fresh chilli, honey and orange dressing

Contains: soy, sulphite

Salad of sweet melon

fig, black olives, toasted pine nut, raspberry vinaigrette

Contains: nut, sulphite

Soup selection:

Soup of the day served with crispy bread roll ~ Cream of carrot and coriander

Cream of sweet potato with smoked bacon crisp ~ Cream of honey roast parsnip

Traditional cream of vegetable soup with fresh herbs

Contains: celery, dairy, nut, sulphite

MAIN COURSE

Prime roast sirloin of beef

parsley mash potato, Yorkshire pudding, Merlot Jus

Contains: dairy, egg, sulphites, wheat

Grilled darne of atlantic salmon

prawn and saffron risotto, Chardonnay reduction

Contains- dairy, fish, shellfish, sulphites.

Pan roasted supreme of chicken

roasted sweet pepper coulis, potato gratin, wild mushroom and thyme jus

Contains: dairy, sulphite

Pan fried fillet of cod

white bean and chorizo cassoulet, pesto drizzle

Contains: dairy, fish, nut, sulphites

Traditional roast stuffed turkey

and honey baked ham cranberry sauce

Contains: dairy, egg, sulphites, wheat

Vegetarian penne pasta, tossed in baby spinach

toasted pine nuts, sundried tomato, wild mushrooms, finished with basil pesto

Contains: dairy, egg, nut, wheat

DESSERTS

Hot pear and apple crumble, vanilla ice-cream

Contains: dairy, egg, wheat, sulphate

Warm caramel pecan brownie, salted caramel ice-cream

Contains: dairy, egg, nut, sulphate, wheat

Strawberry and red velvet cheesecake Chantilly cream

Contains: dairy, sulphate, wheat

Vanilla mascarpone and berry tart, red berry coulis, whipped cream

Contains: dairy, egg, sulphate, wheat

Freshly brewed tea and coffee